



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/ACAD/AP&AD(AC)/2026

Date: 13.01.2026

Circular No: Acad-04/2026

All the Heads of Schools affiliated to CBSE

Subject: Universal Postal Union (UPU) 2026 International Letter Writing Competition for Young People - reg.

The Department of Posts is organising the 55th edition of Universal Postal Union (UPU) 2026 International Letter Writing Competition for Young People. The theme of the competition is - ***Write a letter to a friend about why human connection matters in a digital world.***

The aim of the competition is to develop creativity, composition skills and depth of thought among young people, while also promoting international friendship and understanding.

The International Bureau (IB) of the UPU, which coordinates this competition, will select three prize winners from among the best entries received from each member country. The winners will be awarded Gold, Silver and Bronze medals, along with certificates and other prizes as decided by the UPU. The Gold Medalist may also be offered a visit to the UPU Headquarters in Berne, Switzerland, or an alternative prize at the discretion of the UPU. Participants receiving special mentions will also be awarded certificates and other prizes. Details of the Competition along-with the rules for the participants are enclosed as Annexure-I and II.

The Department of Posts shall select best three entries at National level as well as Circle level and will be given cash prizes and certificates. The best entry at the National level shall qualify as the official Indian entry for the UPU level International Competition. The language to be used in holding the competition will be English or any of the recognised languages embodied in the 8th Schedule of our Constitution.

You are requested to organise this competition in your school in consultation with the Nodal Officers of your respective Circles/Regions. The list of the Nodal Officers of respective States/Circles will be communicated in due course and the same would also be made available on the India Posts' website.

Please share the information with all the students and encourage maximum participation from your school.

With Best Wishes!

(Dr. Praggya M. Singh)
Professor & Director (Academics)

केन्द्रीय माध्यमिक शिक्षा बोर्ड एकीकृत कार्यालय परिसर, सेक्टर 23, फेस - I, द्वारका, न्यू दिल्ली - 110077

CBSE Integrated Office Complex, Sector 23, Phase - I, Dwarka, New Delhi - 110077

Telephone: 011-24050612, Website : www.cbseacademic.nic.in





केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



Copy to the respective Heads of Directorates, Organisations and Institutions with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklaya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil – Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521 456
13. The Director, Jharkhand Education Project Council, Old HEC High School, JSCA Stadium Road, Jagannathpur, Sector-III, Dhurwa, Ranchi-834004 (Jharkhand)
14. Navy Education Society, Dte of Naval Education, Naval Headquarters, Ministry of Defence, West Block-V, RK Puram, New Delhi-110066
15. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
17. DS to Chairperson, CBSE
18. Secretary/ Controller of Examinations/ All Directors, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
20. All Joint Secretary/ Deputy Secretary/ PPS/SPS/Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
23. In-Charge, Library
24. Record File

Professor & Director (Academics)

केन्द्रीय माध्यमिक शिक्षा बोर्ड एकीकृत कार्यालय परिसर, सेक्टर 23, फेस -I, द्वारका, न्यू दिल्ली -110077

CBSE Integrated Office Complex, Sector 23, Phase -I, Dwarka, New Delhi - 110077

Telephone: 011-24050612, Website : www.cbseacademic.nic.in



DETAILS OF 2026 INTERNATIONAL LETTER WRITING COMPETITION FOR YOUNG PEOPLE

1. General details:

1	Subject	Write a letter to a friend about why human connection matters in a digital world.
2	Participants eligibility	It is open to participants for age 9-15 years
3	Content and form	Composition must be presented in the form of Letter.
4	Date/Time of Competition	The competition shall be organized by the schools in such a way that the entries shall reach the Circles by 20.03.2026 . Further, the circles shall evaluate all the entries and best three entries should reach the Directorate by 31.03.2026 .
5	Language	English or any language listed in the 8 th schedule of the Constitution of India.

2. Prizes (at Circle level)

- a. First Prize: Rs.25,000/- and a certificate
- b. Second Prize: Rs.10,000/- and a certificate
- c. Third Prize: Rs. 5,000/- and a certificate

3. Prizes (at National level):

- a. First Prize: Rs. 50,000/- and a Certificate.
- b. Second Prize: Rs. 25,000/- and a Certificate.
- c. Third Prize: Rs. 10,000/- and a Certificate.

4. The best entry at the national level shall qualify as the official Indian entry for the International level Competition

The Universal Postal Union shall select the award-winning entries. The winners will receive a special medal (gold for first prize, silver for second, and bronze for third) and a certificate, as well as other prizes to commemorate their win (such other prizes to be decided by the UPU). The gold medalist may also be offered a trip to the UPU headquarters in Bern, Switzerland, or an alternative prize to be decided at the sole

discretion of the UPU. Writers awarded a special mention will also receive a certificate as well as other prizes (such other prizes to be decided by the UPU).

5. **It may be ensured that each and every entry has the following details on its first page in bilingual (both English and Hindi):**

- i. Candidate's Passport size photograph.
- ii. Candidate's name.
- iii. Date of Birth.
- iv. Sex (Male/Female).
- v. Father's/Guardian's name.
- vi. Name of the School/Institution and full address.
- vii. Full postal address.

For further details, please contact the Chief Postmaster General/Postmaster General/Director Postal Services/**Nodal Officer** of your Circle/Region. Information will be available on the Department's website <http://www.indiapost.gov.in>

2026 International Letter-Writing Competition for Young People

RULES FOR PARTICIPANTS

- a. The 2026 International Letter Writing Competition shall be open to participants for the age of 9-15 years (Note: participants who will turn 16 years of age before 5 may 2026 will be rejected). **The age of the participants will be certified with a proof like Birth Certificate, AADHAR card, certificate issued by Schools etc.**
- b. Date and time of the Competition: **The competition shall be organized by the schools in such a way that the entries shall reach the Circles by 20.03.2026. Further, the circles shall evaluate all the entries and best three entries should reach the Directorate by 31.03.2026.**
- c. The UPU International Bureau does not accept compositions sent directly by schools, individual or similar. Interested individuals/schools are request to contact postal circle offices for participation.
- d. The participants will apply for participation in the competition along with three passport size photographs in the following format in bilingual (**both English and Hindi**) on plain paper.

1	Name of the competition *	2026 International Letter Writing Competition for Young People.
2	Full Name of the participant *	
3	Father's /Guardian's Name *	
4	Full Address for correspondence *	
5	Name and complete address of the School/ Institution where studying *	
6	Age with exact date of birth *	
7	Sex (Male /Female) *	
8	Centre	

* **Mandatory field.**

- e. Participants shall submit completely filled application form along-with 1 photocopy of age proof document to the Nodal Officer of concerned Postal Circle in duplicate before the last date of submission of application form as decided by the Postal Circle. One copy of the application form will be retained by the participants as hall ticket for the purpose of entry at venue on the day of competition. The Department/Schools will provide the answer book to the participants at the venue but they shall bring their own pen/pencil. **The participants shall write their composition in their own handwriting not exceeding 800 words.** Entries with More than 800 words would not be considered for evaluation. Circles shall ensure

that the selected entries are strictly adhering to the theme and not more than the limit of 800 words.

IMPORTANT: - *All the particulars as mentioned above including the full name and address of the participant should appear on the first page of the Answer Book also. Entries, which do not furnish all relevant details, would not be considered valid.*

—